

# Making it a "No Falls" Fall



**Thursday September 29, 2022; 11am-12pm**

NewYork-Presbyterian is pleased to collaborate with [New York City Department for the Aging](#) to offer this virtual presentation. Join Carl Bombara, Senior Occupational Therapist and Jennifer Cunningham, Senior Specialist in Physical Therapy at NewYork-Presbyterian Brooklyn Methodist Hospital, for a discussion on general safety tips to take for fall prevention. The presentation is intended for older adults or those caring for older adults.

We will address the following topics:

- Ways to modify your environment to prevent falls
- The importance of exercise and routine
- New innovations in treatment and rehabilitation

Click [here](#) to register.

Phone Access: (212) 225-8997

Meeting ID: 956 8638 9793

Visit [events.nyp.org/Brooklyn](https://events.nyp.org/Brooklyn) for more information about community programming.

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