



The Sharing Network

Winter Term Catalog

January 10th, 2022 – February 11th, 2022

Conversations and Activities by Telephone for Seniors
Recreational, Social, Educational, Spiritual, and Artistic

Each conversation group meets on the phone for one hour a week. Join as many as you like. Always free.

To receive more information and to enroll in a group, please call 347-773-4768.

Let's Talk About it

Storyteller Pam Mondezic leads a Monday morning group of good vibes with good friends. Everyone joins in to discuss the topic of the day. Food, family, travel, health. Whatever it is, let us talk about it.

This group will be held Mondays at 11 AM.

Elders and Experts

Elders and Experts is a group that gives participants the chance to meet interesting people with experience in all facets of life. You might get to meet a specialist in senior medicine or a star of stage and screen, an author who writes about Black history or an interstate truck driver. Each week Dan Nussbaum, the moderator, brings in a new guest you will want to get to know.

This group will be held Mondays at 1 PM.

Our Gospel

The fellowship of joy that gospel music brings into our lives comes alive each week in the Our Gospel phone group. The moderator, William Bryant, brings in gospel music over the decades to play, and talks about his own life as a gospel artist and music minister.

This group will be held Mondays at 3 PM.

Our Life Stories

This is a friendly and caring group for everyone who likes to share stories about the things they have loved, interesting people they have met and what they have learned along the way. It is led by Ellie Kahn, a writer and counselor, who has worked with seniors for decades, listening to their life stories and helping to make them available to others.

This group will be held Tuesdays at 11 AM.

Bible Study

Each week in this group, Vanessa Brown offers a line of scripture for study and contemplation. The group brings together those who seek to learn the Bible, praise Jesus, and follow the path of righteousness.

This group will be held Tuesdays at 1 PM.

Stretch it Out, Move it Out

Cornelius Jones Jr is a veteran of TV and stage, who is performed in the Lion King on Broadway and on Law and Order on TV. He is also an experienced health and wellness teacher who leads an easy and enjoyable chair exercise group dedicated to getting fit and staying fit.

This group will be held Tuesdays at 3:30 PM.

Spinning the Oldies

Curtis Fowlkes' professional career as a musician started in the sixties when he was a teenager playing at clubs in Manhattan and Brooklyn. Each week Curtis will play recordings we know and love from the likes of Sam Cooke, the Temptations, Etta James and more. Come to enjoy the music and share in the conversation about the songs of our lives.

This group will be held Wednesdays at 11 AM.

The Sports Story of the Week

So much happens in the world of sports every week it can be hard to keep up. Games won and lost but also injuries to athletes, mega contracts, blockbuster trades and new records set. Every week, host Kevin Harewood asks participants the question: What was the sports story of the week? Kevin runs his own entertainment industry production company and is a rabid sports fan.

This group will be held on Wednesdays starting January 19th at 11:30 am.

Christian Women's Fellowship

Christian Women's Fellowship is a ministry moderated by Rev. Geneva Richburg which invites guests to share life lessons and offer comfort, understanding, and support to all who attend. The fellowship is a place to bring your stories and your wisdom about relationships, children, grandchildren, work and retirement, staying healthy and your successes and challenges. You will be heard.

This group will be held *every other* Wednesday at 1 PM, starting

Spinning the Latin Oldies

Arturo O'Farrill, the Grammy award-winning director of the Afro Latin Jazz Alliance, is an admired bandleader and jazz pianist and music professor. Each week he will be in the role of deejay, playing classic hits and all-time favorites in every catchy Latin rhythm. Spinning the Latin oldies welcomes both English speakers and Spanish speakers. We dare you to sit still!

This group will be held Wednesdays at 3 PM.

Arturo ganó el premio Grammy siete veces como el líder del Afro Latin Jazz Alliance , es un pianista de jazz de gran prestigio, y un profesor asociado de UCLA. Probará éxitos favoritos de todos los tiempos, desde bossa nova hasta salsa y más. Este grupo conversa en inglés y español.

Este grupo ocurre los miércoles a las 3 PM.

Bible Study with Rabbi Scott Perlo

Rabbi Scott Perlo has been teaching the Bible for over a decade, and he loves nothing more than bringing its ancient wisdom to new students. His focus will be on the early books of the Bible and their emphasis on liberation and justice. Rabbi Scott explores the meaning of the Hebrew in the scriptures and teaches how the original language shapes their holy message.

This group will be held Thursdays at 10 AM.

In the Kitchen

Moderator Elisa Callow is eager to share her collection of recipes and to hear people talk about what they love to cook and what they love to eat. Join her every Thursday for a friendly hour of conversation, recipe ideas and kitchen tips. Elisa writes about food online and is the author of a popular cookbook.

This group will be held Thursdays at 12 PM.

Learn to Crochet

Yes, you can learn to crochet over the phone! Expert Tammy Freitag has extensive experience teaching people who cannot see her. Materials, including yarn and a crochet hook, will be delivered to your home for free. Beginners are welcome.

This group will be held Thursdays at 1:30 PM.

Sing Along with Jeff

Music is our joy! It is what connects us to our deepest feelings. Each week moderator Jeff Engel plays the keyboard to lead an hour of singing, good talk and musical reminiscing. You can sing along, join in the conversation or just listen. Jeff is a Bronx native, an experienced music therapist and a warm and friendly host.

This group will be held Fridays at 10:30 AM.

Brain Fitness

The brain is the most important muscle in the body. Let us give it some exercise! Each week, moderator Marcia Richman brings in surprising trivia questions, challenging puzzles and fun games that will keep you on your toes. And the conversation always sparkles. Marica is a native Brooklynite who has worked closely with people in her career as a registered nurse.

This group will be held Fridays at 1 PM.

Black and Brown Power in Brooklyn and Beyond

From Borough Hall to City Hall, from Albany to Washington, African Americans from Brooklyn hold positions of power and influence. Longtime political activist Kevin Harewood leads a discussion group that celebrates the rise of Black political power in Brooklyn and discusses the role of ordinary people in making it happen. Kevin is a filmmaker and music producer who has worked on both coasts. He has been active in Democratic Party politics most of his adult life.

This group will be held Fridays at 3:30 PM.